

February 2025

Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted – and you yourself a sword shall pierce – so that the thoughts of many hearts may be revealed. (Luke 2: 22-40)

Put out into the deep, and lower your nets for a catch. Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets. (Luke 5: 1-11)

And raising his eyes towards his disciples he said: Blessed are you poor...you who are hungry...you who are weeping...when people hate you on account of the Son of Man. Rejoice and leap for joy! Your reward will be great in heaven. (Luke 6: 17-26)

Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give and gifts will be given to you. The measure with which you measure will in return be measured out to you. (Luke 6: 27-28)

Prayer for the Holy Year 2025
Pope Francis

*Father in heaven,
may the faith you have given us
in your son, Jesus Christ, our brother,
and the flame of charity enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your Kingdom.*

*May your grace transform us
into tireless cultivators of the seeds of the Gospel.
May those seeds transform from within
both humanity and the whole cosmos
in the sure expectation
of a new heaven and a new earth,
when, with the powers of Evil vanquished,
your glory will shine eternally.*

*May the grace of the Jubilee
reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven.
May that same grace spread
the joy and peace of our Redeemer
throughout the earth.
To you our God, eternally blessed,
be glory and praise for ever.*

Amen

1

May Jesus comfort you in all painful trials and make you holy!

2

Don't fear the evil tricks of Satan.

3

Jesus is at your side, and his vigilant grace watches over you.

4

Hope in the Most High and no harm will come to you.

5

Don't let the difficulties which you will meet along this path frighten or terrorize you. (*'path' - to holiness*)

6

God is with you and he, who has taken your sanctification to heart, knows how to defend you from all your enemies.

7

May Jesus continue to totally possess your heart and render it worthy of him!

8

My heart never becomes silent before God.

9

God is with you and it is his spirit that is working within you.

10

Be resigned even when you don't feel up to it.

11

May Jesus always look upon you with a benevolent eye.

12

May (*Jesus*) comfort you in sad times and render you always more dear to him.

13

The Lord's calling must be followed immediately; otherwise we place our salvation in danger.

14

Don't let temptations frighten you.

15

(Temptations) are the trials of the soul whom God wants to test when he sees they have the necessary strength to sustain the struggle.

16

You must not believe that the world is ingenuous, and accept its demonstrations and protests in an ingenuous manner.

17

Only with Jesus and with him who takes his place can you have complete trust and behave in a simple manner.

18

Be cheerful and rest trustingly, as always, in the arms of divine mercy, and do not fear

19

Let all earthly and infernal powers rise against you; they are powerless as long as you confide in Jesus and abandon yourself to him

20

In the apostolic college there were those who loved and those who were loved. But all, except for the son of perdition, were loved by the divine Master.

21

(The first disciples) were not treated all in the same manner, but according to their needs, characters and capabilities.

22

Be tranquil in God's holy name, and despise everything that upsets you, because it doesn't come from God.

23

Live in peace, and I warmly bless you.

24

Be tranquil! Receive Holy Communion and pay no attention to the boasting of others

25

You should take heart and be ready for any trial to which the Lord might wish to subject you.

26

How good God is! It is true that he is good to all, but he is particularly good to those who place all their trust in him.

27

(In the midst of our trials) you always conformed your will to that of God. So the Lord wishes to reward you.

28

May Jesus be with you always; may he comfort you in every painful trial, and render you worthy of his divine pleasure!

(Pray this paraphrase of the Our Father, written by our Seraphic Father St. Francis of Assisi, and let the words and reflection you recite each day help you to appreciate and pray more confidently and lovingly this beautiful prayer that Jesus Himself taught us)

Our Father most holy: Our Creator, Redeemer, Consoler, and Savior:

Who are in heaven: In the angels and the saints, enlightening them to know, for You, Lord, are light; inflaming them to love, for You, Lord, are love; dwelling in them and filling them with happiness, for You, Lord, are Supreme Good, the eternal Good, from Whom all good comes without Whom there is no good.

Holy be Your Name: May knowledge of You become clearer in us that we may know the breadth of Your blessings, the length of Your promises, the height of Your majesty, the depth of Your judgments.

Your kingdom come: That You may rule in us through Your grace and enable us to come to Your kingdom where there is clearer vision of You, perfect love of You, blessed companionship with You, eternal enjoyment of You.

Your will be done on earth as in heaven: That we may love You with our whole heart by always thinking of You, with our whole soul by always desiring You, with our whole mind by always directing all our intentions to You, and by seeking Your glory in everything, with all our whole strength by exerting all our energies and affections of body and soul in the service of our love and of nothing else; and we may love our neighbor as ourselves by drawing them all to Your love with our whole strength, by rejoicing in the good of others as in our own, by suffering with others at their misfortunes, and by giving offense to no one.

Give us this day: in remembrance, understanding, and reverence of that love which our Lord Jesus Christ had for us and of those things that He said and did and suffered for us.

Our daily Bread: Your own beloved Son, our Lord Jesus Christ.

Forgive us our trespasses: through Your ineffable mercy through the power of the passion of Your beloved Son and through the merits and intercession of the ever blessed Virgin and all Your elect.

As we forgive those who trespass against us: And what we do not completely forgive, make us, Lord, forgive completely that we may truly love our enemies because of You and we may fervently intercede for them before You, returning no evil for evil and we may strive to help everyone in You.

And lead us not into temptation: hidden or obvious, sudden or persistent.

But deliver us from evil: past, present, and to come

Prayer to our Heavenly Mother

Hail, O Lady, holy Queen, Mary, holy Mother of God, who are the virgin made Church, chosen by the most Holy Father in heaven whom He consecrated with His most holy beloved Son and with the Holy Spirit the Paraclete, in whom there was and is all fullness of grace and every good.

Hail, His Palace!
Hail, His Tabernacle!
Hail, His Dwelling!
Hail, His Robe!
Hail, His Handmaid!
Hail, His Mother!

Prayer Entrusting Ourselves to God

Blessed are You, Lord, our God!

You are God alone.
To you, Almighty Father,
Creator of the Universe and all Humanity,
through Christ, the Living One,
Lord of time and history,
in the Spirit who makes all things holy,
be praise and honor and glory.
I place my life in Your hands.
Never let me be parted from you;
do with me as You please...
Your will be done for ever. ***Amen.***